

**ElectroSensitivity UK**

**www.es-uk.info**  
**Registered Charity No 1103018**  
**Tel: 0845 643 9748**  
**BM Box ES-UK**  
**London**  
**WC1N 3XX**

**ADDITIONAL MAILINGS OF INTEREST TO ES PEOPLE**

Occasionally ES-UK is asked by other groups involved in ES or studying ES to send out mailings on their behalf. The Trustees agree to such requests if they feel that the mailing would be of interest to people with ES and could be beneficial to the cause of ES recognition and understanding.

The Trustees are aware that some people may not wish to receive such mailings in addition to the ES-UK newsletter. If you do **not** wish to receive such mailings please return the form below.

I do **not** wish to receive additional mailings from ES-UK other than the ES-UK Newsletter.

NAME .....

ADDRESS .....  
.....  
.....

*Please send to:*

BM Box ES-UK,  
London  
WC1N 3XX.

*or email:*

[enquirers@es-uk.info](mailto:enquirers@es-uk.info)

# ElectroSensitivity UK

**www.es-uk.info**  
**Registered Charity No 1103018**  
**Tel: 0845 643 9748**  
**BM Box ES-UK**  
**London**  
**WC1N 3XX**

## Gift Aid Declaration

*- make your gift worth nearly 30% more to us at no extra cost to you! -*

If you are a UK taxpayer please complete your details below and we will be able to reclaim tax from all gifts made since 6 April 2000 and until further notice.

Please make sure these vital funds don't go to waste – sign and return immediately to the ES-UK address.

**I would like ElectroSensitivity-UK to reclaim tax on all the donations I make**

**Name** .....

**Signature** .....

**Address**

.....  
.....  
.....

**Date** ...../...../.....

**I am a UK taxpayer**

**I am not a UK taxpayer**

*Please cross out the one above that does not apply to you.*

- You must be paying an amount of income tax and/or capital gains tax equal to the tax we reclaim on your donations, currently 28p in every pound (Although basic rate tax is currently 22 per cent, the donation for £1 is treated as the net after tax from £1.28 (£1.28 minus 22 per cent is approximately £1).

- **Tick here if you do pay this amount of tax** .....

Address  
Date

Senior, or named GP  
Surgery address

Electrical Sensitivity diagnosis

Dear

I have been suffering from

.....  
.....

for the past .....

I believe the cause of at least some of these symptoms is electrical sensitivity, because my symptoms are worse when .....

I also suffer from multiple chemical sensitivity, reacting to

.....

It has been suggested that people who react to chemicals may also react to electromagnetic fields (described as Idiopathic Environmental Intolerance, by many authorities).

These symptoms make my life very difficult at home where I am affected by ....., make my work environment (which includes exposure to ..... ) almost intolerable, and I find my quality of life is badly affected as shops, libraries, hospitals, leisure facilities, transport, etc. are often highly irradiated by electromagnetic fields from ..... that can make me feel very ill indeed.

At the moment the Department of Health is not collecting this information. It would be good to have some way of recording this information (such as the yellow card system), because I believe electrical sensitivity is a growing problem.

You may want to look at [www.es-uk.info](http://www.es-uk.info).

Address  
Date

Dr  
Surgery address

Dear Dr

I believe my health is adversely affected because of my exposure to electromagnetic fields (EMFs). I am electrically hypersensitive, or ES.

The symptoms I suffer from are:- ..... which are typical of those people experience as a result of exposure to EMFs.

The University of Essex, in 2007, found that there is a subset of the population estimated at 3-5% (up to 3,000,000 people in the UK) who are developing an idiopathic-type reaction to different sources of electromagnetic fields (EMFs). EHS symptoms can be initiated and/or provoked by low frequency EMFs, such as from power-lines, wiring, electric appliances, etc., or by high or radio-frequency EMFs such as mobile phones, masts, cordless phones, WiFi, etc..

In a report by the Health Protection Agency of October 2005, Dr Neil Irvine stated that the most effective actions taken to reduce the symptoms of someone reported as suffering from ES were categorised into a scale of: 1 (ineffective) to 6 (very effective). Ratings were as follows: a) disconnecting electricity – 4.5; b) removing indoor source – 4.3; c) avoiding exposure – 4.2. In view of this it is recommended that the patient eliminate from their living environment as many of these as they can identify.

The condition which is known as ES, has not been recognised by the medical profession, partly because it is an intolerance to an environmental problem, which has different biological effects in different people. This could be for a number of reasons including differences in genetic inheritance, biological system weakness, and lifetime exposures. There are a number of theories which are beginning to explain the mechanisms by which EMF exposure might affect people (it also affects animals and plant growth), but none of them have proved conclusive as yet. There may be more than one mechanism.

I can provide you with some information about how EMFs have been researched, if you would like me to.

Meanwhile, I ask that you treat my condition seriously. ES may sound strange and difficult to understand, but that does not mean that I am strange, or suffering from some unusual mental disorder. Please listen to what I say, and put any questions you may have to one side, or better still, ask me, and I will try to find some answers, so that we can both better understand what is happening to me.

My symptoms can make my home life and work difficult. My family and friends are not always sympathetic, as they are luckily not affected by EMFs (as yet, the percentage is increasing all the time, partly I believe due to the widespread use of new technology). I am not against technology; I am just one of the unfortunate ones badly affected by it. I ask that you at least suspend your disbelief. It is hard for a sufferer not to become depressed, if everyone around you refuses to accept the reality of your situation, without looking at some of the increasingly convincing evidence that this condition is real and not imagined.

Name.....  
Address.....  
.....  
.....  
Postcode.....

.....MP/MEP  
.....  
.....

Date.....

Dear Sir/Madam

**I am electro-sensitive(ES) / electro-hypersensitive(EHS) and ask for official and public recognition of this condition in order to make my ruined life more bearable.**

As a member of your constituency, I ask you, my elected Member of Parliament /MEP, to please raise questions on the issue of electro-sensitivity in view of the increasing numbers whose lives have been so affected that their right to live a normal life in and out of their homes is totally violated.

We question the Essex Study on Electro-sensitivity, as we all find that we recover when we are in areas free of pulsed microwave radiation. Some electro-sensitive people only react to power-frequency radiation, not pulsed microwaves. Are MPs and government agencies aware of this? Will this also be researched and will all research be independent of government and companies to avoid the suspicion of vested interests?

As our numbers are increasing steadily, how is it possible to ignore that there is a problem with both electricity and pulsed microwave radiation for some people? Why are the experiences of people with ES publicly discredited by the Government, the Health Protection Agency, and therefore all official bodies such as NHS staff and other Government departments, and even the general population, as a result of inaccurate Governmental advice?

Why does it seem to us that companies (telecommunications and electricity generators and suppliers) that provide much income to the government in the form of taxes are listened to more than we who elected you to represent our needs?

There is now a great weight of world-wide research proving risk to the health of humans and to animal life by the technologies which produce electromagnetic fields, including pulsed microwave radiation. This is blatantly ignored. Government advisors state that there are no short-term ill-effects, but the wealth of anecdotal evidence, which is also blatantly ignored, clearly shows that a percentage of the population are now electro-hypersensitive and also that non-sensitised people are becoming ill around these technologies. It is already accepted, for instance, that low levels of power-frequency radiation are associated with an increased risk of childhood leukaemia, for instance by the government's SAGE group (Stakeholder Advisory Group on EMFs).

The new Wi-Fi coverage is causing more ill-health and sensitivity. There are also cancer clusters near mobile phone masts which are often sited close to schools or in

residential areas, normally with TETRA present, as it covers the entire UK. Most, if not all of incidents of ill-health, premature deaths and sensitivity, are not researched and monitored for the known biological effects by those who have knowledge of the documented effects of pulsed microwave radiation. Instead the Primary Care Trusts, with no knowledge of the KNOWN harmful biological effects of pulsed microwave radiation are dealing with these problems inappropriately.

Across the world the general public is led to believe that electro hypersensitivity is “all in the mind” because it suits those with vested financial interests to take this approach. The same denial and cover-up tactics were used with asbestos, tobacco etc. This may be because the EHS KNOW what is happening. Those who are EHS see and note what is happening to those who are not sensitive to these technologies; non-sensitive people, however, are usually unaware.

Children are encouraged by industry to use mobile phones, despite the Department of Health advice. Schools and social housing are sometimes built next to power-lines or are swamped by mobile and TETRA masts, WiFi, etc., despite clear evidence that children are more vulnerable to EMFs and especially to pulsed microwave radiation.

Some forms of animal life are disappearing, becoming ill or dying, yet no animal organisation will investigate the effects of these technologies because the Government’s stance is that there is no risk to health!

**All of these groups need the support of those whom they elected as MPs/MEPs to serve them, in this explosion of ill health/debilitating symptoms and the violation of their human rights.**

As you may well be aware, the ICNIRP guidelines for power-frequency and microwave radiation only cover protection from electric shocks and thermal effects. Yet Sir William Stewart spoke of the possibility of biological effects for a minority of the population in his 2004 report for the National Radiological Protection Board (NRPB) now the Health Protection Agency (HPA) ('main conclusions on the possible effects of mobile phone technology on human health', 1.16 to 1.21, pp.47-48).

Sir William also advocated that a precautionary approach should be taken. This has been blatantly ignored by mobile phone and TETRA /Wi-Fi operators and in planning law, which has been reduced to a situation where operators seem able to do as they wish regardless of where sufferers of EHS, and equally vulnerable adults/children, live in the community. ICNIRP guidelines are the only “precautionary approach”.

In 2007 the ICNIRP Guidelines were questioned by  
(a) the BioInitiative Report: *BioInitiative: A Rationale for a Biologically-based Public Exposure Standard for Electromagnetic Fields (ELF and RF)*, [www.bioinitiative.org](http://www.bioinitiative.org),  
and (b) the Alaska Supreme Court, Opinion No. 6139, July 6, 2007:  
[www.emrpolicy.org/litigation/case\\_law/index.htm](http://www.emrpolicy.org/litigation/case_law/index.htm).

I ask you please to research these issues and to read the above reports.

I also ask you to do your public duty towards those members of your constituency who are ill or sensitised by these technologies.

Yours sincerely,

**ElectroSensitivity UK**

**www.es-uk.info**  
**Registered Charity No 1103018**  
**Tel: 0845 643 9748**  
**BM Box ES-UK**  
**London**  
**WC1N 3XX**

**There are some DVDs available for loan of**

***Allergic to the 21st century***

(the 30-minute Channel 4 programme on ES sufferers,  
broadcast on 4<sup>th</sup> January 2008).

**Please send a self-addressed small Jiffy bag or padded envelope, marked  
with your own address and prepaid postage for a small package, to:**

P O Box 49747  
London N20 0NL  
UK

**These DVDs will be mailed out late in February.**

**Please send the DVD back when you have watched it so that we can lend  
it to someone else on the list.**

**Name .....**

**Address**

.....  
.....  
.....