

## Template for letter of concern about electromagnetic exposures

*Alternative wording and paragraphs are provided. Please select as applicable.*

I notice that you allow people to use mobile phones and laptops on your premises.

**OR** I see that your shop / school / hospital / library / building / hotel has Wifi.

**OR** I noticed that some people / employees were wearing Bluetooth / radio / wireless devices / talking on mobile phones / were working / resident near a phone mast.

I am concerned that people/you may not realise that they are endangering their health / and the health of others. Wireless radiation is classified as a class 2B possible human carcinogen and it has established effects on fertility, the heart and the nervous system.

Experts now advise that people should reduce their electromagnetic exposure as much as possible, especially where they spend long periods of time.

**OR** Experts now advise that people should reduce their electromagnetic exposure as much as possible, especially at night. Wifi and mobile phones should be switched off in bedrooms and other electrical devices kept as far as possible from the bed.

Current ICNIRP safety guidelines are based on the misconception that the only harm from wireless radiation is heating the body one degree over six minutes. Many people can achieve this exercising in the gym, but without the cancers, neurological, cardiovascular and fertility effects now established from wireless radiation. The majority of scientists now recommend biological safety guidelines, like IGNIR or EUROPAEM 2016, designed for long-term exposure and to prevent cancers and other adverse effects.

I am particularly concerned that children absorb up to ten times more radiation than adults, especially in their bones. The Chief Medical Officer for England warns that children under 16 should not use mobiles except for essential purposes.

Some people suffer from Electrosensitivity or Microwave Sickness, a condition first described in 1932 and becoming more common. The World Health Organization recognises that its symptoms can be disabling. Some countries, like Canada, Sweden and the USA, formally recognise it as a disability. These people have rights to equal access and should not be discriminated against because of an environmental toxin.

*For further information please see:*

Electrosensitivity UK <http://www.es-uk.info/>

EM Radiation Research Trust <https://www.radiationresearch.org/>

Environmental Health Trust <https://ehtrust.org/>

Powerwatch <https://www.powerwatch.org.uk/>

Wifi in schools UK <http://wifiinschools.org.uk/>

IGNIR <https://www.ignir.org/>

EUROPAEM 2016 EMF Guidelines <https://europaem.eu/en/>

IEMFA (International Electromagnetic Fields Alliance) <http://www.iemfa.org/>

Bioinitiative 2012 <http://www.bioinitiative.org/>

Selected Research Studies [http://www.es-uk.info/wp-](http://www.es-uk.info/wp-content/uploads/2018/05/Selected%20ES%20and%20EHS%20studies.pdf)

[content/uploads/2018/05/Selected%20ES%20and%20EHS%20studies.pdf](http://www.es-uk.info/wp-content/uploads/2018/05/Selected%20ES%20and%20EHS%20studies.pdf)