

WHAT DO WE DO?

Helpline

For those with ES, their friends and family, to offer support and help where possible.

Newsletter

For information about others' experiences, tips for coping, news and new research.

Directory

We support a directory of services and products for those with ES.

Aim to Inform

all those involved in benefits, disability issues, employment, hospitals, housing, public services, schools, shops and transport.

Doctors

Updated research about ES is available to the medical profession.

Research Material

Lists of scientific research studies are available on our website.

Website

For information, news, and open letters on health, housing, disability issues, etc..

WHO ARE WE?

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FIND OUT MORE ON OUR WEBSITE

www.es-uk.info

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Registered Charity no. 1103018

Providing support and information



DO YOU recognise any symptoms?

- | | | |
|------------------------|---------------|------------------------|
| Tinnitus | Depression | Headaches |
| Sleep disruption | Memory loss | Fatigue |
| Concentration problems | Some cancers | Blood pressure effects |
| Dizziness | Skin tingling | Miscarriages |
| Lethargy | Earaches | Skin lesions |
| Muscle pains | | Anxiety |

FIND OUT MORE INSIDE

www.es-uk.info

ES-UK was founded in 2003.

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WHY IS 5G SO DANGEROUS?

5G uses high concentrations of 3G, 4G or millimetre pulsed radiation, for large downloads of videos. 5G focuses radiation by beam-forming, like radar. 5G high frequencies are used in electronic weapons.

WHAT IS 5G RADIATION LIKE?

Radiation similar to 5G is used by mobile and cordless phones, phone masts, WiFi, Bluetooth and smart meters. These are known to cause ill health and electrosensitivity.

5G: MORE MASTS?

5G will need many more transmitters, as on lamp posts outside bedrooms and in streets. These will greatly increase radiation.

WHAT SHOULD REPLACE 5G?

Fibre optic cables into and around each home, like electric power mains.

WHAT IS ELECTROSENSITIVITY

Electrosensitivity, known since 1932, is a physical intolerance of electromagnetic energy, including 5G. It affects 80% of people subconsciously, 30% consciously and 1.2% severely.

HAS 5G BEEN SAFETY TESTED?

No. 5G is still being developed, so there have been no specific 5G safety tests yet, especially on long-term health. Cancers can take over 10 years to grow.



SCIENTISTS' VIEWS

Hundreds of scientists warn against 5G and similar radiation: [5G Appeal](#). [International Scientist EMF Appeal](#). Prof. Martin Pall: "The 5G rollout is absolutely insane." [Doc. Video. Video.](#)

WHAT ARE 5G SYMPTOMS?

Depression, anxiety, tinnitus, headaches, memory loss, nosebleeds, skin rashes, heart damage, fatigue, cancers and infertility.
The World Health Organization recognises electrosensitivity (IEI-EMF) and states that its symptoms can be disabling.

CAN 5G CAUSE CANCER?

Yes. The World Health Organization's International Agency for Research on Cancer classifies 5G - like all radio frequency radiation from mobile and cordless phones and masts, WiFi, Bluetooth and smart meters - as a class 2B (possible) cancer agent. Leading scientists say it should now be class 2A (probable) or class 1 (certain). The 2018 \$30 million NTP and Ramazzini studies have confirmed that this radiation shows 'clear evidence' of causing cancers, known since 1982 (USAF). In addition, thousands of studies show DNA, fertility, neurological and cardiovascular damage.



CAN LOCAL AUTHORITIES STOP 5G POLLUTION?

UK local authorities are responsible for protection against all air pollution such as 5G to ensure a healthy environment for all. Local authorities should be checking radiation pollution under international long-term limits (IGNIR), not the UK's short-term limits (ICNIRP).

LONG OR SHORT-TERM LIMITS?

5G, like all non-ionising radiation, causes long-term non-thermal effects like cancer and heart problems. Current UK ICNIRP limits are for only short-term (6 or 30 minutes) heating effects. The UK needs long-term limits to protect against cancer and electrosensitivity.

POLITICIANS' VIEWS

Brussels environment minister Céline Fremault: "The people are not guinea pigs whose health I can sell at a profit. We cannot leave anything to doubt." US Senator Blumenthal: "We are flying blind here on health and safety." [Doc. Video. Doc. Video. Video. Video.](#)

SAFETY GUIDELINES RADIO FREQUENCY

Power density in microWatts per meter squared: $\mu\text{W}/\text{m}^2$. Values given are representative.

*International Guidelines on Non-Ionising Radiation

Background Level: 0.000001

*IGNIR children, elderly, pregnant women, ill people: 1

Bulgaria, Italy, Russia: 100,000

China, India: 450,000

UK. 1.8 GHz: 9,200,000.
UK, 900 MHz: 4,500,000
**ICNIRP

**International Commission on Non-Ionizing Radiation Protection